



BEFORE TRANSPLANT



AFTER TRANSPLANT

PKI



PAKISTAN KIDNEY INSTITUTE

You can make them smile

www.pki.com.pk

PKI – A GLIMPSE FROM PAST



Established in the April of 2004, the PKI is the brainchild of Prof. Saeed Akhter and his fellow physicians and surgeons, all trained in USA and the UK. Driven by a sense of moral and social obligation, this group of highly competent doctors chose to return to their homeland and set up a kidney treatment facility that now provides free medical services to the poverty-stricken populace. This effort was an absolute success.

PKI treated more than 160,000 patients from 2004 to 2019, providing a wide scope of services from outpatient consultations to complex surgeries like Transplant and cancer surgeries. This organization produced about 20 Urologists and Nephrologists and actively participated in relief and rescue activities at time of national disasters like earth quake in 2005 and later floods. PKI published more than 100 research papers in local and international Journals, presented the research papers not only in national conferences but also in international conferences in Australia, UK, USA and Singapore.

This dream later transformed into Pakistan Kidney and Liver Institute (PKLI), a state-of-the-art institute aimed at treating kidney and liver diseases.



PKI – PRESENT



PKI OPERATIONAL AT FULL SWING IN PAF HOSPITAL

In this recent COVID-19 Pandemic, Pakistan Kidney Institute is still actively treating the poor kidney patients at PAF Hospital. In the past 6 months, a total number of **180 patients** have been treated including **56 major surgeries** which include complex cancer surgeries and **4 renal transplants**.

Pakistan Kidney & Liver Institute (PKLI), a state of the art institute was started in record time of 3 years but became the victim of jealousy and conspiracy where Prof. Saeed Akhter felt that his vision and mission will be compromised. He thus decided to resign from his brain child and walked away because he does not compromise on principle.



Determined Prof. Saeed Akhter decided to continue his mission of serving his home land, poor and needy people in the society so he restarted with same zeal and commitment at PAF Hospital E-9 Islamabad. PKI is providing state-of-the-art health care to poor and under-privileged kidney patients at par with the rich people within the premises of PAF Hospital. We have four clinics, one procedure room, two operating rooms, lithotripsy suite and more than 15 inpatient beds.



HOW DO WE WORK



- Each patient is registered with a unique medical record number, which is issued for permanent record and continuity of medical care.
- The patients are screened for their financial status, and depending upon their financial standing they are provided with treatment at cost-price, absolutely free or somewhere in between.
- This cost is covered from donations and zakat funds which are given to PKI by valuable donors.

Mission Statement

Prevention of kidney diseases, urological cancers and renal stones.

To provide state-of-the-art clinical care, under one roof, to financially under privileged patients irrespective of race, religion or color.

Teaching at undergraduate and postgraduate levels.

Cutting edge research.



KIDNEY DISEASES IN PAKISTAN- FLAMES TOUCHING THE SKY



- Pakistan ranks eight in the list of countries with a high rate of kidney diseases, with 17 million people suffering from such diseases. (Gulf news-March 13 2019)
- The overall Chronic kidney disease prevalence among Pakistani adults was 21.2%. According to high quality studies, highest CKD prevalence in Pakistan was reported as 29.9% -(bmc-nephrol-2018)
- Pakistan is located on the stone belt with high incidence of Kidney stones. It is unfortunate that this highly reversible cause of kidney injury still accounts 8-10 % of the CKD patients in Pakistan mainly due to late treatment compared to only 2% in USA. (Pakistan society of nephrology)
- In Pakistan, the kidney and bladder cancer are spreading at an alarming rate because of lack of awareness, pollution and contamination of food and water. Most of these patients present late at an incurable stage.
- Pakistan is a poor country with 60.3% of population living under \$2 a day.
- We live in a country where even basic health facilities are lacking. Government hospitals are overburdened and inefficient. According to World Bank statistics, there are only 0.8 physicians, 0.6 nurses and 0.6 hospital beds for every 1000 Pakistanis.
- Poverty itself is a great trial from Allah SWT, which becomes even tougher once combined with illness and the lack of resources to treat it.



PKI ON HUMANITARIAN FOREFRONTS



Earthquake Relief - AJK 2005



Earthquake Relief - Haiti 2010



Flood Relief - DG Khan 2010



Flood Relief - Charsadda 2010



Earthquake Relief - Chitral 2015



Free Medical Camp - Skardu 2019

Arham, a 7 years old child belongs to a poor family, presented to us with the end stage renal disease secondary to inherited polycystic kidney disease. He was on regular dialysis and his growth was severely retarded. Even at the age of 7 years, he was unable to stand without support.

He required a Kidney transplant. His mother was willing to be a donor. After complete pre transplant evaluation, Live Related Renal Transplant of Arham was performed. Now he is on long life immunosuppression and lives a healthy life.



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SUCCESS STORY

PKI TEAM



Dr. Saeed Akhter
(DABU, FACS)



Dr. Imran Jamil
MBBS, FCPS



Dr. Durre Shohab
MBBS, FCPS, FRCS



Dr. Asad-ur-Rehman
MBBS, FCPS



Dr. Sher Shah Khan
MBBS, FCPS

Administration

Farhad Abbasi
Office Manager

Tasawar Javid
Accounts Manager

M. Adnan Qureshi
Transplant Coordinator

Atif Jamal Ahmed
Website Incharge

SUCCESS STORY

Abdul Waheed, is a resident of northern rural areas of Pakistan. He came to us with the history of blood in urine. He was advised lab tests and an ultrasound scan was performed and it showed a tumor in urinary bladder.

After appropriate pre-operative chemotherapy, he underwent the procedure radical cystectomy and his cancerous urinary bladder was removed and another outlet from his intestine was created for urine flow.

His histopathology report showed that all cancer tissue had been removed making him cancer free at this moment. However, he is advised regular follow up to assess any recurrence of disease and timely management if it happens.



Save our lives (SOULS) Team

Dr. Maleeha Ahsan
President
Naperville, IL
Dr. Samina Khattak
Secretary
Burr Ridge, IL
Dr. Rahat Sheikh
Treasurer
Paris, IL
Joan Somer
Executive Secretary

Dr. Aftab Ahmed
Director
Louisville, KY
Dr. Abdul Nadir
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Phoenix, AZ
Dr. Bashir Azher
Director
Bullhead City, AZ

Mr. Ahsan Siddiqi
Advisor
Naperville, IL
Mr. Javed Khattak
Advisor
Burr Ridge, IL
Mr. Asif Khan CPA
Accountant
Largo, Florida

Message from Dr Maliha Ahsan

President, Save Our Lives (SOULS)

It gives me great pleasure to report that Dr Saeed Akhter has re-established Pakistan Kidney Institute (PKI) at PAF Hospital in E 9 Islamabad over last one year. Despite COVID, there has been significant activity of PKI at PAF Hospital. Dr Saeed Akhter has started a state of the art urology and Transplant Department at PAF Hospital serving rich and poor alike. In last few months, out of 7 successful kidney transplants, 4 were done through PKI and one at a very subsidised rate. Besides these transplants multiple complex surgeries for bladder and kidney cancer and complex reconstructive surgeries were done through PKI. Because of this full scale new operation at a very accelerated rates, because of high demand, PKI needs your full support. Please support PKI through Zakat and donations in the coming blessed month of Ramadan to help thousands of deserving patients through Tax Exempt donations through SOULS. Every cent of your donation will save a life.

May Allah SWT accept your fasting and charity.

PLEDGE FORM

SAVE OUR LIVES (SOULS)

1341 Warren Ave, Downers Grove, IL 60515
Tel: 630-796-2720

I Pledge Total Amount of \$ _____ to be paid:

One Time: _____ Monthly: _____ For _____ months

Payment Info:

I make this contribution in the form of:

Cash Check Credit Card Bank Withdrawal

Credit card type: Visa Master Discover
 American Express Other

Call me to get info at Tel: (_____)- _____ - _____

Credit card number _____ CVV Number _____

Expiry Date _____ Start Billing on _____

Bank Name (for Auto Withdrawal) _____

Account # _____ Bank Routing # _____

Zakat Donation

Please make checks, payable to: **Save our Lives (SOULS)**

My Company has a donation matching program. My Company's name is _____

Donor Information

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone (Home) _____ Mobile _____

Email _____

Signature _____ Date _____

Contributions to the Save our Lives (SOULS) are tax exempt under 501c3 U.S. Federal Tax ID 45-2651924

Send your donations to

USA

SAVE OUR LIVES (SOULS)

1341 Warren Ave, Downers Grove, IL 60515
Tel: 630-796-2720, www.discoversouls.org

Contributions to the Save our Lives (SOULS) are tax exempt under 501c3. U.S. Federal Tax ID 45-2651924

Pakistan

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ACCOUNT NO.: 0123161571013 PKR

IBAN: PK07AIIN0000123161571013 PKR

ACCOUNT NO.: 0281161571027 USD

IBAN: PK85AIIN0000281161571027 USD

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